




Breakfast 6:30am-9:30am

Lunch 11am-2:00pm

June 1 - June 7




**"Some items served at this establishment may contain imported crawfish or shrimp. Ask for more information."**

All  Items are the Heart Healthy Meal Choices for the Day!!




**Monday**

	Beef Stew w/Potatoes & Carrots	\$3.99	Steamed Rice	\$0.99
	Chicken Bayou Teche	\$3.49	Sweet Potato Casserole	\$1.50
	<b>Rotisserie Chicken</b>	\$2.49	 <b>Winter Blend</b>	\$0.99
	Broccoli Cheese Soup	\$3.49	 <b>Sweet Peas</b>	\$0.99
	Dinner Roll	\$0.75	Sweet or Idaho Potatoes	\$1.50



**Tuesday**

	<b>Baked Fish</b>	\$2.99	Rice Dressing	2	\$1.50
	BBQ Glazed Pork Ribs	\$4.99	Loaded Potatoes		\$1.50
	<b>Rotisserie Chicken</b>	\$2.49	Baked Beans		\$1.50
	Roasted Gouda Soup	\$3.49	 <b>Broccoli</b>		\$0.99
	Dinner Roll	\$0.75	Sweet or Idaho Potatoes		\$1.50




**Wednesday**

	Bourbon Chicken	\$3.49	Corn Nuggets		\$1.50
	Shrimp Creole	\$4.99	Steamed Rice		\$0.99
	<b>Rotisserie Chicken</b>	\$2.49	 <b>California Blend</b>		\$0.99
	Ultimate Baked Potato Soup	\$3.49	 <b>Prince Edward Blend</b>		\$1.50
	Dinner Roll	\$0.75	Sweet or Idaho Potatoes		\$1.50

**Thursday**

	<b>Spaghetti &amp; Meatballs</b>	\$3.99	Fried Okra		\$1.50
	Brown Sugar Chargrilled Pork Chop	\$3.49	Mash potatoes		\$1.50
	<b>Rotisserie Chicken</b>	\$2.49	 Smothered Green Beans		\$0.99
	Chicken Enchilada Soup	\$3.49	 <b>Corn</b>		\$0.99
	Garlic Toast	\$0.75	Sweet or Idaho Potatoes		\$1.50

**Friday**

	Fried Fish	\$3.49	AuGratin Potatoes		\$1.50
	<b>Beef Roast w/gravy</b>	\$3.99	Steamed Rice		\$0.99
	<b>Rotisserie Chicken</b>	\$2.49	 <b>Smothered Okra w/Shrimp</b>		\$1.50
	Shrimp & Corn Bisque	\$4.29	 <b>Malibu Blend</b>		\$0.99
	Dinner Roll	\$0.75	Sweet or Idaho Potatoes		\$1.50

**Saturday** Spaghetti \$3.49**Sunday** Fried Chicken Breast or Thigh \$2.49, wing or leg \$1.50

*\*\*Menu subject to change. Calories are based on strict portion sizes & will vary based on your individual serving & added condiments.*

**Specials**





Breakfast 7:00 am-9:00am  
Lunch 11am-1:00pm  
June 1 June 5




All  Items are the Heart Healthy Meal Choices for the Day!!




**Monday**

	Baked Fish	130 Cals	\$3.99	Steamed Rice	100 Cals	\$0.99
	MeatBall Stew	365 Cals	\$3.99		Bermuda Blend	65 Cals \$0.99
	Baked Sweet Potato	95 Cals	\$1.50	<b>Cream Corn</b>	100 Cals	\$0.99


**Tuesday**

Fried Chicken	365 Cals	\$3.99	<b>Steamed Rice</b>	100 Cals	\$0.99
<b>Red Beans &amp; Sausage</b>	420 Cals	\$2.99	<b>Green Bean</b>	65 Cals	\$0.99
Honey Butter Roll	100 Cals	\$0.99		Malibu Blend	45 Cals \$0.99


**Wednesday**

	<b>Roasted Pork Loin</b>	175 Cals	\$3.49	Mashed Potato	100 Cals	\$0.90
	Sweet Chili Tenders	400 Cals	\$3.99		<b>Roasted Brussel Sprouts</b>	65 Cals \$1.50
	Onion Rings	100 Cals	\$1.50		<b>Key Biscayne Vegetable</b>	65 Cals \$0.99

**Thursday**

	Beef Taco"s	380 Cals	\$3.99	Spanish Rice	100 Cals	\$1.50
	Rotisserie Chicken	300 Cals	\$2.99	Mexican Corn	100 Cals	\$0.99
				Refried Beans	100 Cals	\$0.99

**Friday**

Beef & Broccoli	400 Cals	\$3.99	Steamed Rice	45 Cals	\$0.99
Shrimp Stew	300 Cals	\$3.99	Sweet Pea"s	270 Cals	\$1.50
				California Blend	125 Cals \$0.99

**Saturday** Closed (Main Campus Bistro is open!)

**Sunday** Closed (Main Campus Bistro is open!)

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**Ask for more information**

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