

# Jim's Bayou Bistro

Breakfast 7:00am – 9:30am | Lunch 11:00am – 2:00pm

Apr 20 – Apr 26, 2026

"Some items served at this establishment may contain imported crawfish or shrimp. Ask for more information."

♥ All items marked with a heart are the Heart Healthy Meal Choices for the Day! ♥

MONDAY		Apr 20
Beef Stew with Potatoes and Carrots	\$3.99	Steamed Rice 165 Cal \$0.99
Chicken Bayou Teche	\$3.49	♥ Sweet or Idaho Potatoes 150 Cal \$1.50
♥ Rotisserie Chicken 280 Cal	\$2.49	Sweet Peas 45 Cal \$0.99
Broccoli and Cheese Soup	\$3.49	Sweet Potato Casserole \$1.50
Dinner Roll	\$0.75	♥ Winter Blend 100 Cal \$0.99

TUESDAY		Apr 21
♥ Baked Fish	\$2.99	♥ Broccoli 45 Cal \$0.99
BBQ Glazed Pork Ribs	\$4.99	Dinner Roll \$0.75
♥ Rotisserie Chicken 280 Cal	\$2.49	Loaded Potatoes \$1.50
Roasted Gouda Soup 340 Cal	\$3.49	Rice Dressing \$1.50
Baked Beans	\$1.50	♥ Sweet or Idaho Potatoes 150 Cal \$1.50

WEDNESDAY		Apr 22
Charbroiled Hawaiian Chicken	\$3.49	Corn Nuggets 235 Cal \$1.50
♥ Rotisserie Chicken 280 Cal	\$2.49	Dinner Roll \$0.75
Shrimp Creole	\$3.99	♥ Prince Edward Blend 120 Cal \$1.50
Ultimate Baked Potato Soup	\$3.49	Steamed Rice 165 Cal \$0.99
♥ Cali Blend 150 Cal	\$0.99	♥ Sweet or Idaho Potatoes 150 Cal \$1.50

THURSDAY		Apr 23
Brown Sugar Chargrilled Pork Chops	\$3.49	♥ Corn \$0.99
♥ Rotisserie Chicken 280 Cal	\$2.49	Fried Okra 100 Cal \$1.50
Spaghette and Meatballs	\$3.99	Garlic Toast 190 Cal \$0.75
Smothered Green Beans	\$0.99	Smothered Potatoes w/Sausage \$1.50
♥ Chicken Enchilada Soup 320 Cal	\$3.49	♥ Sweet or Idaho Potatoes 150 Cal \$1.50

FRIDAY		Apr 24
Beef Roast with Gravy	\$3.99	Au Gratin Potatoes 225 Cal \$1.50
Fried Fish 400 Cal	\$3.49	Dinner Roll \$0.75
♥ Rotisserie Chicken 280 Cal	\$2.49	♥ Malibu Blend 45 Cal \$0.99
Smothered Okra w/Shrimp 150 Cal	\$1.50	Steamed Rice 165 Cal \$0.99
Shrimp and Corn Bisque 390 Cal	\$4.29	♥ Sweet or Idaho Potatoes 150 Cal \$1.50

SATURDAY		Apr 25
Spaghetti & Meatsauce 580 Cal	\$3.49	

SUNDAY		Apr 26
Fried Chicken Breast or Thigh	\$2.49	Fried Chicken Wing or Leg \$1.50

\*\*Menu subject to change. Calories are based on strict portion sizes & will vary based on your individual serving & added condiments.



Breakfast 7:00 am-9:00am  
Lunch 11am-1:00pm  
April 20th - April 24th





All  Items are the Heart Healthy Meal Choices for the Day!!


**Monday**

 <b>Chicken Quesadilla</b>	600 Cals	\$4.29	 <b>Mashed Potatoes</b>	165 Cals	\$1.50
Chicken Fried Steak	450 Cals	\$3.49	Malibu Blend	100 Cals	\$0.99
White Gravy	350 Cals	\$0.50	Pork Egg Rolls	65 Cals	\$1.50


**Tuesday**

Smothered Pork Tips	465 Cals	\$3.99	<b>Steamed Rice</b>	265 cals	\$0.99
 <b>Fried Chicken Drumettes</b>	365 Cals	\$3.99	Corn Maque Choux	45 Cals	\$1.50
<b>Season Fries</b>		\$1.50	 <b>Fried Okra</b>	45 Cals	\$1.50

**Wednesday**

<b>Shrimp Fettuccine</b>	425 Cals	\$3.99	Honey Glazed Carrots	165 Cals	\$0.99
Chicken & Sausage Jambalaya	275 Cals	\$3.49	 <b>Broccoli</b>	95 Cals	\$0.99
Dinner Roll		\$0.75			

**Thursday**

<b>Meatball Stew</b>	380 Cals	\$3.49	<b>Crinkle Fries</b>	100 Cals	\$1.50
<b>Sweet Chili Tenders</b>	400 Cals	\$3.49	Sweet Peas	85 Cals	\$0.99
			 <b>Steamed Rice</b>	45 Cals	\$0.99
			Bermuda Blend	45 Cals	0.99

**Friday**

Baked Fish	400 Cals	\$2.99	Loaded Mash Potatoes	165 Cals	\$1.50
Hamburger	400 Cals	\$2.99	Sweet Potato Fries	85 Cals	\$1.50
<b>Corn Nuggets</b>	250 Cals	\$1.50	California Blend	45 Cals	\$0.99

**Saturday** Closed (Main Campus Bistro is open!)

**Sunday** Closed (Main Campus Bistro is open!)

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**Ask for more information**

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